2020 NHIAA SWIMMING & DIVING CHAMPIONSHIPS
DIVISION II
WARM-UP SCHEDULE
SATURDAY, FEBRUARY 15, 2020

Feet first entry only except during one-way sprints. All swimmers must enter from
the start end of the pool. (Lanes 7&8 will be used for Divers ONLY during Warm-
Up Session 3 if needed due to inclement weather).

SESSION 1 LANES 1-8
(3:00-3:30PM)
BELMONT
CAMPBELL
COE-BROWN
GOFFSTOWN
NEWMARKET
OYSTER RIVER
PORTSMOUTH
WINNACUNNET

SESSION 2 LANES 1-8
(3:30-4:00PM)
BISHOP BRADY
BOW
DERRYFIELD
GILFORD
HOLLIS-BROOKLINE
KINGSGOOD
LACONIA
PLYMOUTH
PROSPECT MTN
SANBORN
SOUHEGAN
WINDHAM

SESSION 3 LANES 1-8
(4:00-4:30PM)
CONANT
HANOVER
HOPKINTON
KEARSARGE
LEBANON
MASCENCIC REGIONAL
MILFORD
MONADNOCK
ST. THOMAS AQUINAS
WILTON LYNDENBOROUGH

Teams must have a coach supervising all athletes during warm-ups.
COACHES MEETING 4:00PM ROOM TBA