

NHIAA Girls Cross Country Division Meet Individual Champions

Year	Class/Division	Champion	School
1975	-----	Sue Collins	Littleton
1976	L	Sally Reed	Manchester Central
	I-M-S	Beth Clark	Bishop Brady
1977	L	Sally Reed	Manchester Central
	I	Beth Clark	Bishop Brady
	M-S	Kim Koch	Newmarket
1978	L	Cindy Collins	Pinkerton
	I	Terry Eustis	Exeter
	M-S	Kim Koch	Newmarket
1979	L	Cindy Collins	Pinkerton
	I	Sandy Anderson	Pembroke
	M	Nancy Bownes	Plymouth
	S	Kim Koch	Newmarket
1980	L	Cathy Schiro	Dover
	I	Dominique St. Pierre	Kennett
	M	Sharon Carney	Raymond
	S	Kim Koch	Newmarket
1981	L	Cathy Schiro	Dover
	I	Dominique St. Pierre	Kennett
	M	Beth Dever	Inter-Lakes
	S	Kim Koch	Newmarket
1982	L	Cathy Schiro	Dover
	I	Dominique St. Pierre	Kennett
	M	Sam Pederson	Inter-Lakes
	S	Tracy Pelchat	Wilton-Lyndeborough
1983	L	Cathy Schiro	Dover
	I	Dominique St. Pierre	Kennett
	M	Angela Brown	Newmarket
	S	Tammy Rogers	Alton
1984	L	Cathy Schiro	Dover
	I	Lisa Routhier	Laconia
	M-S	Natalie Cartwright	Mascenic
1985	L	Jodi Higgins	Concord
	I	Joyce Andersen	Oyster River
	M-S	Natalie Cartwright	Mascenic
1986	L	Emily Cartwright	Keene
	I	Zephyr Teachout	Hanover
	M-S	Wendy Bowman	Belmont
1987	L	Natalie Cartwright	Keene
	I	Zephyr Teachout	Hanover
	M-S	Wendy Bowman	Belmont
1988	L	Emily Cartwright	Keene
	I	Alais Griffin	Hanover
	M-S	Jannis Burke	Alton

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Year	Class/Division	Champion	School
1989	L	Christy Bonneau	Keene
	I	Alais Griffin	Hanover
	M-S	Allison Abbott	Newmarket
1990	L	Jennifer Hodgen	Milford
	I	Jen Thompson	Oyster River
	M-S	Allison Abbott	Newmarket
1991	L	Emily Hodgson	Manchester Central
	I	Cara Aley	Hanover
	M-S	Gretchen Wemig	Gilford
1992	L	Emily Hodgson	Manchester Central
	I	Cara Aley	Hanover
	M-S	Gretchen Wemig	Gilford
1993	L	Danyelle Wood	Spaulding
	I	Cara Aley	Hanover
	M-S	Gretchen Wemig	Gilford
1994	L	Helena Kimball	Londonderry
	I	Cara Aley	Hanover
	M-S	Gretchen Wemig	Gilford
1995	L	Amy DeCamp	Londonderry
	I	Kelly Brady	Hanover
	M-S	Gretchen Wemig	Gilford
1996	L	Jill Laurendeau	Manchester Central
	I	Kelly Brady	Hanover
	M-S	Krista Evans	Gilford
1997	L	Jill Laurendeau	Manchester Central
	I	Erica Palmer	Monadnock
	M-S	Beth Putnam	Hopkinton
1998	L	Amy Ruston	Nashua
	I	Kaitlin Greg	Oyster River
	M-S	Stephanie Mendes	Pelham
1999	L	Amy Ruston	Nashua
	I	Tiffany Carberry	Kingswood
	M-S	Katherine Marlowe	Conant
2000	L	Liz Gesel	Manchester Central
	I	Catherine Bryson	Hanover
	M-S	Tora Olafsen	Inter-Lakes
2001	L	Liz Gesel	Manchester Central
	I	Catherine Bryson	Hanover
	M-S	Krystal Graham	Pelham
2002	L	Rachel Umberger	Concord
	I	Catherine Bryson	Hanover
	M-S	Andrea Newton	Berlin
2003	L	Megan Lessard	Manchester Central
	I	Nicole Slane	Milford
	M-S	Andrea Walkonen	Conant

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2004	L	Jen Marschhausen	Manchester Central
	I	Gretchen Andrus	Bow
	M-S	Kelly Nachols	Hopkinton
2005	L	Ashley Morgenstern	Pinkerton
	I	Georgia Griffin	Hanover
	M-S	Emma Lundberg	Newfound
2006	L	Caitlin Rush	Nashua South
	I	Georgia Griffin	Hanover
	M-S	Emma Lundberg	Newfound
2007	L	Eliza Webber	Keene
	I	Georgia, Griffin	Hanover
	M-S	Mira Carey-Hatch	Sant Bani
2008	L	Anne Twombly	Exeter
	I	Heidi Caldwell	Hanover
	M-S	Jacy Christiansen	Mascenic
2009	L	Alexandra Conway	Manchester Central
	I	Heidi Cladwell	Hanover
	M-S	Jacy Christiansen	Mascenic
2010	I	Chole Maleski	Keene
	II	Marina Slavin	Oyster River
	III	Kylie McCoy	Portsmouth Christian
2011	I	Elizabeth Conway	Manchester Central
	II	Mckenzie Haney	Merrimack Valley
	III	Casey Hecox	Derryfield
2012	I	Elizabeth Conway	Manchester Central
	II	Hannah Parker	Coe-Brown
	III	Sami Hicks	Laconia
2013	I	Shannon Murdock	Exeter
	II	Emma Newton	Hollis Brookline
	III	Sarah Nadeau	Hopkinton
2014	I	Shannon Murdock	Exeter
	II	Maegan Doody	Oyster River
	III	Casey Hecox	Derryfield
2015	I	Jacqueline Gaughan	Exeter
	II	Maegan Doody	Oyster River
	III	Sarah Nadeau	Hopkinton
2016	I	Jacqueline Gaughan	Exeter
	II	Madeleine Hunt	Souhegan
	III	Alice Riley	Belmont
2017	I	Jacqueline Gaughan	Exeter
	II	Julia Robitaille	Manchester West
	III	Mya Dube	Kearsarge
2018	I	Caroline Fischer	Bishop Guertin
	II	Sophie Reynolds	Merrimack Valley
	III	Mya Dubie	Kearsarge

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Year	Class/Division	Champion	School
2019	I	Caroline Fischer	Bishop Guertin
	II	Chloe Trudel	Souhegan
	III	Mya Dube	Kearsarge
2020	I	Carly Rinko	Bedford
	II	Addison Cox	Coe-Brown
	III	Brianna Malone	Portsmouth Christian