

NHIAA 2021 Gymnastics Concept

COVID – 19 Safety Procedures and Guidelines

- All CDC and New Hampshire Dept. of Health guidelines will be enforced.
- All guidelines set forth in the Governor’s Safer at Home guidance for “Amateur and Youth Sports” must be followed.
- All guidelines set forth in the “NHIAA Reopening Sports Guidance” guidelines must be followed.
- All game modifications approved by the NFHS/USBS High School Rulebook, NHIAA Bowling Committee, NHIAA Sports Medicine Committee and NHIAA Council will be observed.
- All NHIAA tournaments will require masks for all participants except in the sports of gymnastics, swimming, ski jumping, and spirit as determined by safety reasons by sports specific committees.”
- Live Streaming will be a possibility.
- Press will be allowed with a press pass.

Gymnastics State Meet

Facility: A2 Gymnastics (16 Garabedian Dr. Salem, NH)

Sunday, February 14, 2021

8:00 a.m. – 8:30 p.m. (Three Sessions)

Teams were placed in sessions based on regular season cohorts.

Session 1:	Session 2:	Session 3:
8:00 a.m. – Teams Arrive	12:15 p.m. – Teams Arrive	4:45 p.m. – Teams Arrive
8:15 a.m. – Warm-up	12:30 p.m. – Warm-up	5:00 p.m. – Warm-up
8:30 a.m. – Coaches Meeting	12:45 p.m. – Coaches Meeting	5:15 p.m. – Coaches Meeting
8:45 a.m. – Warm-Up	1:00 p.m. – Warm-Up	5:30 p.m. – Warm-Up
9:00 a.m. – Start	1:15 p.m. – Start	5:45 p.m. – Start

Teams in Session 1:	Teams in Session 2:	Teams in Session 3:
Bedford	Bishop Brady	
Exeter	Bishop Guertin	
Hollis-Brookline	Bow	
Merrimack	Conant	Newfound
Milford	Goffstown	Pelham
Somersworth	Londonderry	Plymouth
Souhegan	Keene	Salem
Spaulding	Pinkerton	Timberlane
	Raymond	Windham

All teams will have a designated area to be in. It will be signed.

All athletes and coaches must be temperature checked prior to coming to the event.

- **Teams are reminded NOT to show up early.** If they do they will **not** be allowed into the venue early.
- No spectators due to capacity limits. Only competitors and alternates will be admitted. **Six (6) Competitors and four (4) additional athletes.** The four (4) additional, will help with the moving of mats. When the four (4) are done with the mats, they will return to their designated areas.
- **Coaches: Maximum of two (2)**
- **NHIAA will supply the Athletic Trainer.**
- National Anthem will be played. Teams will line up and be introduced at the event that they are starting on.
- Teams need to bring individual chalk containers- chalk and spray bottles.
- There will be no Grand March, teams will line up on the mat.
- Cleaning will be performed between each event and sessions.
- Teams are requested to leave when they are done competing.
 - No Awards Ceremony – Awards will be delivered to the school upon review of all results.