**2019-2020 NEW HAMPSHIRE INDOOR TRACK LEAGUE SCHEDULE**

**Saturday, December 14**

 **UNH UNH Exeter Academy Plymouth State**

 10:00 a.m. 3:00 p.m. 1:00 p.m. 10:00 a.m.

 Pembroke Portsmouth Phillips Exeter Merrimack Valley

 Sanborn Londonderry Pelham Central

 Campbell Pinkerton Dover Bishop Brady

 Raymond Spaulding Merrimack Windham

 Mascenic Winnacunnet Bow Concord

 Conant Exeter Salem West

 Oyster River Nashua South Portsmouth Christian Winnisquam

 Newmarket Bishop Guertin Con-Val Franklin

 Kingswood Epping Belmont

 Prospect Mountain Laconia

 Plymouth

 Gilford

**Sunday, December 15**

 **Dartmouth**

 12:00 Noon

 Milford White Mountains

 Lebanon Souhegan

 Nashua North Kearsarge

 Timberlane Fall Mountain

 Newport Goffstown

Hanover Keene

Monadnock Vermont Schools

 Mount Royal

**Wednesday, December 18**

 **Exeter Academy 3:30 p.m.**

Phillips Exeter Exeter

Spaulding St. Thomas

Raymond Sanborn

Portsmouth Christian Portsmouth

Campbell

**Thursday, December 19 - UNH (JV Meet) 5:00 p.m.**

**Saturday,December 21**

 **Plymouth State 10:00 a.m.**

Belmont Merrimack Valley

Laconia Goffstown

Bishop Brady Gilford

Plymouth West

Winnacunnet Winnisquam

Pembroke Kearsarge

Prospect Mountain Pelham

Bow Franklin

Milford

**Saturday, December 21**

 **UNH UNH**

10:00 a.m. 2:00 p.m.

 Alvirne Central

 Dover Conval

 Oyster River Timberlane

 Hollis/Brookline Salem

 Kennett Windham

 Souhegan Coe Brown

 Nashua South Bedford

 Kingswood Nashua North

**Sunday, December 22**

 **Dartmouth - Noon**

Concord Lebanon

Memorial Trinity

Conant Hanover

Bishop Guertin Fall Mountain

Pinkerton Monadnock

Newport White Mtns

Keene Mount Royal

Mascenic Vermont Schools

**Friday, December 27 - UNH (JV Meet) Noon**

**Saturday, December 28 (no 3000m; 4 x 800m relay instead)**

**Plymouth State UNH UNH**

10:00 a.m. 10:00 a.m. 2:00 p.m. PlymouthSt. Thomas Windham

 Bishop Brady Portsmouth Christion Bishop Guertin

 Sanborn Oyster River Concord

 Kingswood Kennett Memorial Gilford Epping Bedford

 Souhegan Trinity Pinkerton

 Conant Campbell Nashua North

 Merrimack Valley West Exeter

 Milford Pelham

 Winnisquam Pembroke

 Mascenic Newmarket

 Prospect Mountain

 Belmont

 Bow

 Laconia

 Franklin

 Salem

**Friday, December 27 (no 3000m; 4 x 800m relay instead)**

**Dartmouth Noon**

Central Merrimack Keene

Lebanon Londonderry White Mtns.

Hanover Alvirne Coe Brown

Newport Hollis/Brookline Raymond

Kearsarge Conval Monadnock

Nashua South Fall Mountain Vermont Schools

Mount Royal

**Friday, January 3 - UNH (JV Meet) 5:00p.m.**

**Saturday, January 4**

 **UNH UNH**

 10:00 a.m. 2:00 p.m.

 Nashua South Concord

 Hollis/Brookline Lebanon

 Nashua North Londonderry

Merrimack Pinkerton

 Memorial Hanover

 Central Keene

 Trinity Bedford

 West Mount Royal

 **Plymouth State**

 10:00 a.m. 2:30 p.m.

 Merrimack Valley Dover

 Goffstown Exeter

 Timberlane Spaulding

 Kennett Winnacunnet

 Alvirne Portsmouth

 Epping St.Thomas

 Sanborn Oyster River

 Coe Brown Newmarket

**Thursday, January 9 - Girls New Hampshire Wildcat Relays 4:00 p.m.**

**Saturday, January 11 - Dartmouth Relays**

Each school must make its own entries. Entries must be postmarked by mid-December. For entry information, go to www.LancerTiming.com

**Saturday, January 11 Sunday, January 12**

 **Exeter Academy Plymouth State**

 1:00 p.m. 10:00 a.m.

 Phillips Exeter Plymouth

 Memorial Newport

 Windham Conval

 Bedford Hollis/Brookline

 Londonderry Coe Brown

 Timberlane Kennett

 Trinity Pembroke

 Kingswood Merrimack Valley

 St. Thomas Campbell

 Pelham White Mtns.

 Portsmouth Christian Gilford

 Belmont

 Laconia Winnisquam

 Franklin

**Sunday, January 12**

 **UNH UNH**

 10:00 a.m. 2:00 p.m.

 Merrimack Goffstown

 Conant Alvirne

 Portsmouth Dover

 Souhegan Spaulding

 Milford Winnacunnet

 Kearsarge Monadnock

 Prospect Mountain Bishop Brady

 Mascenic Bishop Guertin

 Newmarket Epping

 Salem Bow

 Raymond Fall Mountain

**Thursday, January 16 - Boys New Hampshire Wildcat Relays 4:00 p.m.**

**Sunday, January 19**

 **UNH UNH**

 10:00 a.m. 2:00 p.m.

 ALL DIVISION III SCHOOLS TEAM PENTATHLON

**Saturday, January 25 - Qualifying Standards Must Be Met**

 **Exeter Academy**

 1:00 p.m.

Phillips Exeter Bishop Guertin

 Alvirne Bedford

 Dover Oyster River

 Nashua South Souhegan

 Concord Salem

Hollis/Brookline

**Sunday, January 26 - Qualifying Standards Must Be Met**

 **UNH UNH**

 10:00 a.m. 2:00 p.m.

 Goffstown Lebanon

 Hanover ConVal

Memorial Spaulding

 Milford Pembroke

 Central Sanborn

 Trinity St. Thomas

 Portsmouth Keene

 Timberlane Pelham

 Merrimack Bow

 West Exeter

 Coe Brown Plymouth

 Londonderry Kennett

 Pinkerton Kingswood

 Merrimack Valley Winnacunnet

 Nashua North ALL DIVISION III SCHOOLS

 Windham

**Saturday, February 1 - 1:00 p.m. (Qualifying Standards) (no 3000m; all 3 relays will be run)**

 **Exeter Academy**

 Phillips Exeter

 Nashua North

 Windham

 Portsmouth

 Winnacunnet

 Oyster River

 Pinkerton

 Spaulding

**Sunday, February 2 (Qualifying Standards) (no 3000m; all 3 relays will be run)**

 **UNH**

10:00 a.m. All Division II and III schools

 2:00 p.m. All Division I schools

**Sunday, February 9**

 10:00 a.m.. boys and girls DIVISION II STATE MEET dARTMOUTH cOLLEGE

**Sunday, February 9**

 3:30 p.m. BOYS AND girls DIVISION I State Meet dartmouth college

**Saturday, FEBRUARY 29??**  new england championships reggie lewis center, boston