



DIVISIONAL MEETS - SATURDAY, OCTOBER 28, 2023:

TIME SCHEDULE: Each coach, or school designated adult, should check in upon arrival and pick up a packet containing competitors' numbers and positions on the starting line. **TEAMS MUST REPORT TO THE THEIR STARTING LINE AT LEAST 15 MINUTES BEFORE THE START OF THEIR RACE. This race will be held at Derryfield Park, Manchester.**

The time schedule is as follows:

10:00	a.m.	Division I Girls
10:40	a.m.	Division I Boys Race
11:20	a.m.	Awards Division I
11:30	a.m.	Division III Girls Race
12:10	p.m.	Division III Boys Race
12:50	p.m.	Awards Division III
1:00	p.m.	Division II Girls Race
1:40	p.m.	Division II Boys Race
2:20	p.m.	Awards Division II

MEET OF CHAMPIONS - SATURDAY, NOVEMBER 4, 2023:

The Meet of Champions will be held at **ALVIRNE HIGH SCHOOL, HUDSON, NH** and will bring together the outstanding runners from each division for **HEAD TO HEAD COMPETITION**. The Meet of Champions also serves as a qualifying race for the New England Championships.

QUALIFICATIONS:

Competitors for the Meet of Champions will be selected based on the following criteria:

1. From Division III - top 5 teams and first 20 finishers.
2. From Division II - top 6 teams and first 25 finishers.
3. From Division I - top 7 teams and first 30 finishers.

RACE TIMES: GIRLS - 2:30 p.m. BOYS - 3:20 p.m.

NEW ENGLANDS – TBD

Races for boys and girls will be held. The starting times will be 11:30 am for girls and 12:30 p.m. for boys. The course length will be 5000m for BOTH boys and girls. For both boys and girls, the first twenty-five (25) individuals and the first six (6) teams in the Meet of Champions will qualify to run in the New England Championships. Team qualifiers will be determined by adding the finishing positions of the first five (5) runners of each team. Before leaving the Meet of Champions, coaches who have qualified runners **must** check with the Meet Director. An entry fee of **\$140.00 per TEAM or \$20.00 per INDIVIDUAL** will be charged payable on the day of the New England Meet. Make checks payable to: "CNESSPA".