



**30<sup>th</sup> Annual New England Interscholastic  
Girls' Gymnastics Championship  
Saturday, March 7, 2026  
Fitchburg High School  
140 ArnHow Farm Rd, Fitchburg, MA 01420**

Presented by the Council of New England Secondary School Principals' Association  
19 Golden Meadow Rd., Hampstead, NH 03841

Executive Director: Jim Davis, [jim.davis@cnesspa.org](mailto:jim.davis@cnesspa.org)

President: Michael Bisson, MPA

**Time:**

Session 1 –

All Individuals

Registration: 8:30 am

Competition: 10:00 am

Session 2 –

First, Second & Third Place Teams

Registration: 12:00 pm

Competition: 1:30 pm

(It is helpful for teams to arrive together.)

**Meet Director:**

Stephen Cudworth

Phone # (508)-454-9567

[gymdude131@yahoo.com](mailto:gymdude131@yahoo.com)

**Site Director:**

Todd Robbins

(978)345-3245

[robbinst@fitchburg.k12.ma.us](mailto:robbinst@fitchburg.k12.ma.us)

**Entry Limits:**

Top **three** teams from each state and the top **ten** individual girl gymnasts on each event, plus all-around, from each state. (Note – Gymnasts from a qualified team do **not** count toward the ten allowed individuals. Alternates are allowed for a total of ten from each state, including all-around.)

**Filing of Entries:**

All entries and competitor names must be emailed by one state representative by **noon, Monday, March 2, 2026** to **Stephen Cudworth** at [gymdude131@yahoo.com](mailto:gymdude131@yahoo.com). Please use the entry form enclosed in this packet. Late entries will not be accepted, especially the day of competition. All gymnasts on a roster will be

assigned a number in pro-score. Session 1 (Individuals) will need to follow the rotation provided by the meet director. Coaches in Session 2 may make their line-ups on the day of competition. **The Meet Director will provide Coaches with the NFHS sheets for all of your athletes.**

**Registration/  
Packet Pick-up:**

The facility will open for athletes and coaches at 8AM. Individuals & Teams must check in at the registration table. Packets will contain CNESSPA pins and certificates for all competitors. **(Note: Please see the Directions below.)**

**Entry Fee:**

\$20.00 per individual (no team fee, each girl that competes on the team is an individual. There will be no refunds and **no purchase orders** will be accepted, **check or cash only**. Checks should be made payable to the **CNESSPA** and paid at registration **on the day of the meet.**

(Note: Only team members listed on the entry submission and two coaches will be allowed through the competitor gate. \$10.00 per person can be added to the entry check for additional team members, who are not on the entry form, or additional coaches.)

**General Admission:**

\$10.00 **We will only be using ONLINE TICKETS** and there will be **no cash accepted at the gate.** Spectator entrance will open at 8:30 AM. Use the main entrance to the Main Gym at the high school.

The online ticket link is:

<https://gofan.co/event/5406434?schoolId=CNESSPA>

Or see **QR code flyer** on the last page.

**Program:**

A program will be posted online at [www.cnesspa.com](http://www.cnesspa.com) a day or two prior to the event.

**Awards:**

Scores will be combined from both sessions. Plaques will be awarded to the first, second, and third place teams overall. Individual medals will also be awarded to top 6 individual girls overall in each event plus all around. Awards will be presented after the conclusion of the second session.

**Athletic Trainer:**

An Athletic Trainer and/or equivalent will be covering the meet. **Please bring whatever medical supplies your athletes may require including tape, pre-wrap, etc.**

**Schedule:** There will be two sessions. The first session will include all Individual Qualifiers. The second session will be for the Qualifying First, Second and Third Place Teams. The meet will be conducted in the Capital Cup format with the use of two sets of equipment.

**First Session –**

Registration:	8:30 am
Open stretch	9:15 am
First Event warmup	9:45 am
March out:	10:00 am

**Second Session –**

Registration:	12:00 pm
Open stretch	12:45 pm
First Event warmup	1:15 pm
March out:	1:30 pm
<b>Awards –</b>	Approximately 4:00 PM

**Rules:** NFHS Gymnastics rules will be followed. As per NFHS rules, there can be an unlimited number of all-around competitors per team.

**Warm ups:** Athletes will warm up and compete on the same equipment. Each athlete will receive 2 minutes of warm up time. Warm up times will be blocked on vault and bars and balance beam a bump in will be used on floor following the first rotation who will get a block.

**Concessions:** Concessions will be available.

**Locker Rooms:** **No locker room facilities will be available.** It is HIGHLY recommended that expensive belongings are left at home.

**Athlete Seating:** **When athletes are on a bye they will be seated in the bleachers in a designated area.**

**T-Shirts:** Official New England Gymnastics Championship apparel will be sold at the meet. Apparel can be pre-ordered at <https://www.grrteesmsp.com/> until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.

**Video Access:** *CNESSPA shall own the copyright of all broadcasts (live and delayed, film, videotapes, web casts, other electronic reproductions and recordings). Any broadcast or rebroadcast in any form without written consent of CNESSPA is strictly prohibited.*

**Internet Address:** Information and results will be posted at [www.cnesspa.com](http://www.cnesspa.com)

**Hotels:**

For overnight lodging, individuals are encouraged to make their own overnight accommodations as no hotel agreement is in place at this time. Please note that there are numerous lodging options in the Fitchburg/Devens/Leominster, area for overnight accommodations.

Great Wolf Lodge Boston-Fitchburg  
150 Great Wolf Dr, Fitchburg, MA 01420  
[\(866\) 678-9653](tel:(866)678-9653)

DoubleTree by Hilton Hotel Leominster  
99 Erdman Way, Leominster, MA 01453  
[\(978\) 534-9000](tel:(978)534-9000)

SpringHill Suites by Marriott Devens Common Center  
27 Andrews Pkwy, Devens, MA 01434  
[\(978\) 772-3030](tel:(978)772-3030)

Hilton Garden Inn Devens Common  
59 Andrews Pkwy, Devens, MA 01434  
[\(978\) 772-0600](tel:(978)772-0600)

## **Directions/Competitor Drop-Off Area at Fitchburg High School**

For the New England Girls Gymnastics Championship here is the procedure that should be followed for drop off, parking and pick up:

Entrance to the event is through buildings Main Entrance. Spectators can park in the first lot to the right of the school and in the second lot behind the school.

Buses will need to loop around the school to access the front of school as it is one way. Buses can park in the front of the school on the field side of the road.

A map of the parking & entrance can be found at the link provided here:

<https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:147daa7a-ab8f-4ac3-8569-233516934762>

## **FITCHBURG HIGH SCHOOL, FITCHBURG, MA**

***For GPS Directions use the Address Below***

***140 ArnHow Farm Rd, Fitchburg, MA 01420***

## High School New England's Gymnastics Championships

**March 7, 2026**

Fitchburg High School

Fitchburg, MA

**\*\*\*DUE: by noon, Monday, MARCH 2, 2026\*\*\***

This form should be submitted by one state representative. Please list the team roster below and indicate if who will be competing or spectating. Once this form is submitted it cannot be changed. Please email the completed form to **Stephen Cudworth** at [gymdude131@yahoo.com](mailto:gymdude131@yahoo.com). or call with questions (508)-454-9567

SENDING STATE: \_\_\_\_\_

**FIRST PLACE TEAM:** \_\_\_\_\_

[illegible]

**SECOND PLACE TEAM:** \_\_\_\_\_

[illegible]

**THIRD PLACE TEAM:** \_\_\_\_\_

[illegible]



**INDEPENDENTS:** Top ten per event (gymnast from qualified teams do **not** count toward the top ten individuals.) Please contact Meet Director if further clarification is needed.

[illegible]



# ***BUY TICKETS ONLINE***

*USE THE QR CODE BELOW, OR  
VISIT [GOFAN.CO](https://www.gofan.co) & SEARCH  
CNESSPA*



*GIRLS' GYMNASTICS CHAMPIONSHIP  
MARCH 07, 2026 | 10:00 AM*