

BY-LAW ARTICLE XXIII

Gymnastics

Girls

Sect. 1: Gymnastics for girls shall be administered by the NHIAA Gymnastics Committee. The rules of the National Federation shall govern the sport except for scoring difficulties where USA Gymnastics shall apply. (CM 11.2023)

Sect. 2: Divisional Alignment

Gymnastic schools shall be aligned as one (1) division.

2025-26 Gymnastics Divisional Alignment

32 Schools

Alvirne	Goffstown	Nashua South
Bedford	Hollis/Brookline	Oyster River
Bishop Guertin	Inter-Lakes	Pelham
Bow	John Stark	Pembroke
Campbell	Keene	Pinkerton
Coe-Brown	Lin-Wood	Salem
Concord	Londonderry	Souhegan
ConVal	Man. Central	Timberlane
Derryfield	Man. Memorial	Trinity
Dover	Merrimack	Windham
Exeter	Nashua North	

Sect. 3: Limitations of Meets

- A. Meets per day: A competitor shall not compete in more than one (1) meet per day.
- B. Meets per week: Not more than two (2) meets may be held per week, including scrimmages, and they may not be held on consecutive days. EXCEPTION: One (1) postponed meet may be held provided that the two-day consecutive days limitation is not violated.

Sect. 4: Events

- Floor Exercise
- Vault
- Uneven Parallel Bars
- Balance Beam

Sect. 5: State Tournaments

- A. The State Tournament shall be administered by the NHIAA Gymnastics Committee.
- B. Member schools must have competed on an interscholastic basis to be eligible to participate.
- C. A State Tournament will be held only for girls unless there are sufficient number of schools and teams for boys.

Sect. 6: Awards:

Official NHIAA championship and runner-up plaques, in addition to 20 team medals, will be awarded to the respective champion and runner-up teams. Individual medals will be awarded to: top six (6) competitors per event, top six (6) all-around competitors.