



**78th Annual New England Interscholastic
Outdoor Track & Field Championship**
Saturday, June 14, 2025
At Willow Brook Park
635 South Main Street, New Britain, CT 06051

Presented by the Council of New England Secondary School Principals' Association
19 Golden Meadow Rd. Hampstead, NH 03841
Executive Director: Jim Davis, jim.davis@cnesspa.org
President: Dr. Glenn Lungarini, CAS-CIAC

The tournament will be held regardless of weather conditions.

Meet Director: Bill Baron, baronwm71@gmail.com Telephone - Home (860) 644-1264

ENTRIES:

All entries **MUST BE DONE BY EACH SCHOOL/COACH** on www.athletic.net
Registration issues please contact meet director Rick Kates Email: katesr@maldencatholic.org

COACHES REGISTRATION:

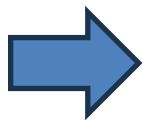
Coaches Directions



www.athletic.net

Coaches must have an account register with high school for their team to register for the NE Meet. Each state meet results will be linked to www.athletic.net. You may only use the performance achieved at your state meet. Do not alter/convert your athlete's time/distance.

Coaches do not convert your performances



Deadline Monday, June 9th (12-Noon)

Coaches will receive an email notification that their entry has been accepted when entered.
A team will not be charged unless accepted. **All registration fees must be paid ONLINE prior to the meet.** There are no refunds. **Entry fee \$20 per athlete**, this includes alternates in the relays. Wristbands will be issued for admission into the Willow Brook Park for all athletes entered. **(Note: Only team members listed on the entry submission and two coaches will be allowed through the competitor gate. Coaches or Athletic Directors passes will not be accepted at this meet.**

Registration issues please contact meet director Rick Kates Email: katesr@maldencatholic.org
New to www.athletic.net <https://support.athletic.net/category/y2yqh7bw1i-getting-started>

- Para Athletes:** Para athletes who competed in their respective state associations' state championship, will be permitted to enter in the New England Championship in the event (s) they participated in at their respective state championship. Para entries are in addition to the current entry limit for each state. The selection of athletes will be made by each state's Association Track Committee.
- Entry Limit:** No athlete may compete in more than 4 events including relays. **Individual state participation rules apply.** Each state will be allowed 6 entries per event. All qualifiers must have participated at their respective state associations' championship finals. Qualifying performances for seeding must also come from the state championship finals.
- Packet Pick up:** Will begin at 8:30 am and remain open until noon. Packet Pick up will be near the Athlete/Coach entrance on the west side of the track under the press box.
- School Reps:** All competitors must have an official school representative present in order to compete and must remain at the championship site throughout the meet. If it is a parent, a letter stating such on school letterhead and signed by either the school Principal or AD must be submitted at Packet Pickup.
- Admission:** **We will only be using ONLINE TICKETS** and there will be **no cash accepted at the gate.** \$10.00 general admission, spectator gate will open at 8:30 AM. The online ticket link is <https://gofan.co/event/3548771?schoolId=CNESPA>
Or see **QR code flyer** on the last page.
- Rules:** NFHS rules will be followed.
- Web Sites:** www.cnesspa.com and www.nestiming.com

Order of Events

Field Events: Field events will begin at **10:00 am**.

Long Jump: 2 pits – Boys and Girls at the same time (10:00 am) followed by the Triple Jump

Pole Vault: 2 pits – Boys and Girls at the same time (10:00 am)

High Jump: Girls followed by Boys

Shot Put: Girls followed by Boys

Discus: Boys followed by Girls

Javelin: Boys followed by Girls

Running Events: Running events will begin at **10:30 am**.

Boys first except 100m/110m hurdles finals.

- | | | | |
|-----------|--|------------|--------------|
| 1. Finals | 4x800m Relay | 7. Finals | 4x100m Relay |
| 2. Trials | 110m/100m Hurdles - on time 9 to final | 8. Finals | 400m Dash |
| 3. Trials | 100m Dash - on time 9 to final | 9. Finals | 300m Hurdles |
| 4. Final | 110m/100m Hurdles | 10. Finals | 800m Run |
| 5. Final | 100m Dash | 11. Finals | 200m Dash |
| 6. Finals | 1600m Run | 12. Finals | 3200m Run |
| | | 13. Finals | 4x400m Relay |

NOTE: Fastest sections will be run last. All athletes must check in **TWO FULL EVENTS PRIOR** to their event. Do not miss the check in. In the 100/110 m High Hurdles and 100 m Dash, the top 9 times will advance to the final.

Awards: Plaques will be awarded for first place and medals will be awarded for second through sixth place in all events. An awards ceremony will take place on the infield shortly after the event is concluded. *Please have your athletes ready to report to the awards area.* A New England Commemorative Pin and a Certificate of Participation will be awarded to every competitor at registration.

Willow Brook Park: Concessions and lavatory facilities will be available. No locker rooms will be available. Spikes 1/4" pyramids or smaller or Christmas tree spikes are approved for use. Only officials and competing athletes will be allowed inside the track area. NOTE: The javelin, discus, and shot put are now thrown outside the Stadium. The javelin runway surface is the same as the track surface. Blocks will be provided, but athletes may use their own. Teams are responsible for team equipment and personal items. Neither the facility, meet management, nor CNESSPA assume any responsibility for lost or stolen items. Teams should monitor their own areas.

Equipment: All equipment must pass inspection at the meet according to National Federation Rules, and the approved shot, javelin and discus must be made available to any competitor. All implements will be inspected in the garage under the stands near the start/finish area. Athletes using non-certified equipment will be disqualified. Implements will be weighed beginning at 8:45AM. Priority will be given to events starting at 10:00AM. You may bring your own blocks. Batons will not be provided.

Pole Vault: ****Every coach of an athlete competing in the pole vault must submit a weight certification form signed by a school official to the pole vault official prior to the warm-up period.** ** (Please use the form included in this packet or a similar state approved form.) The "5 alive" format will be used. The opening height in the girls Pole Vault will be 9'0" and boys Pole Vault will be 12'6" both will go up 9 inches after the opening height and then go up 6 inches at a time (see below). An area will be provided for a designated coach for the pole vault.

High Jump: The opening height in the girls High Jump will be 5'0" and boys High Jump will be 6'0". Both will go up 3 inches after the opening height and then go up 2 inches at a time (see below). The "5 alive" format will be used.

Field Events: All athletes should check in at the event site. All field events will be arranged so that those with the best qualifying performances will compete in later flights. The top 9 will advance to the final in the Long Jump, Triple Jump, Shot Put, Discus, and Javelin. In the horizontal jumps, all athletes are strongly urged to get a mark **BEFORE** the event begins. A fair warm-up will be allowed between flights expecting you to have a mark with which to start. In the throwing events, a warm-up will be allowed between flights but it will be controlled.

Starting and successive heights of the crossbar:

Girls HJ	5-00	5-03	5-05	5-07	5-09	5-11	6-01	then by 0-01
Girls PV	9-00	9-09	10-03	10-9	11-03	11-09	12-03	then by 0-06
Boys HJ	6-00	6-03	6-05	6-07	6-09	6-11	7-01	then by 0-01
Boys PV	12-06	13-03	13-09	14-03	14-09	15-03	15-09	then by 0-06

Checking Out: Athletes leaving from a field event for a running event must check out with the official of the event. **Athletes should not check out earlier than necessary.**

Check in Running: Athletes checking in for running events must report to the clerk of the meet TWO FULL EVENTS PRIOR to their event. **Check-in will be in the area near the start of the 100 m Dash.** Athletes must stay in the clerking area until they are marched to the start.

Protests: The Meet Director will establish a Jury of Appeals consisting of three coaches and two officials whose purpose will be to adjudicate all protests relating to the decisions made by the referee. The judgment of the Jury of Appeals is final.

Team Tents: **No Tents in Stands or On the Warm Up Areas.** Please keep tents away from the fence along the track for spectators.

Locker Rooms: No locker room facilities will be available. Please come dressed to compete.

T-Shirts: Official New England Outdoor Track & Field Championship apparel will be sold at the meet. Apparel can be pre-ordered at <https://www.grrteesmsp.com/> until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.

Video Access: **The New England Outdoor Track & Field Championship can be streamed live and/or retrieved on demand through the State Running Network for free. The link for access is:** <https://staterunning.net/> *The State Running Networks is the exclusive broadcast rights holder of this event. Any individual streaming or rebroadcasting is strictly prohibited and in direct violation of the CNESSPA's agreements with the State Running Network. Any violation of State Running Network's exclusive broadcast rights may result in legal action.*

Results: Will be posted at www.nestiming.com (also live results) and www.cnesspa.com

Directions: From I-91 North or South:

- Take I-91 to Hartford
 - Take I-84 West
 - Continue on 84 West
 - Take Exit 39A for Route 9 South
 - Take Exit 25 for Ellis Street
 - Turn left at the light onto Ellis Street
 - At the next light, turn left onto South Main Street
 - The park is about one mile on the right

From I-84 East or West:

- Take Exit 39A for Route 9 South
- Take Exit 25 for Ellis Street
- Turn left at the light onto Ellis Street
- At the next light, turn left onto South Main Street
- The park is about one mile on the right

Hotels: **Hotel agreements have not been arranged. There are many hotels in the area, including some new facilities since the meet was last held at Willow Brook Park.**



**COUNCIL OF NEW ENGLAND SECONDARY SCHOOL PRINCIPALS' ASSOCIATION
OFFICIAL 2025 OUTDOOR TRACK POLE VAULT WEIGHT CERTIFICATION FORM**

_____ BOYS _____ GIRLS

School _____

Town _____

	Vaulter's Name	Certified Weight	Date
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

WEIGHT CERTIFICATION SHOULD NOT OCCUR PRIOR TO JUNE 10, 2025

Name of School Medical Official _____

Title _____

Name of Coach _____

Name of Principal _____

The principal certifies that the information contained on this form is accurate.

Principal's Signature _____

Date _____

NOTE: A COPY OF THIS FORM (or facsimile) MUST BE GIVEN TO THE POLE VAULT OFFICIAL AT THE START OF THE NEW ENGLAND MEET.

CNESSPA OUTDOOR TRACK & FIELD PROTEST FORM

Protest may only be made involving a violation or misapplication of a rule and NOT on decisions of judgments. A \$20 Fee must accompany any protest. This fee will be returned ONLY if the protest is upheld.

Name of Meet: _____ Date of Meet: _____

Coach's Name: _____ School: _____

Competitor's Name: _____

Area of Concern (circle one): Running Event Field Event

Event: _____ Rule Reference: _____

Reason for Protest:

Rule/Procedure in Question (Cite NFHS Rule)

Signature of Head Coach: _____

Time Submitted to Referee: _____

Decision of Referee (circle one): Appeal Upheld Appeal Denied

Signature of Referee: _____

Appealed to Jury of Appeals (circle one): Yes No

Decision of Jury of Appeals (circle one): Appeal Upheld Appeal Denied

Signature of Head of Jury of Appeals: _____



BUY TICKETS ONLINE

*USE THE QR CODE BELOW,
OR
VISIT [GOFAN.CO](https://gofan.co) & SEARCH CNESSPA*



*NEW ENGLAND OUTDOOR TRACK AND FIELD CHAMPIONSHIP
JUNE 14, 2025 | 10:00 AM*