

Saturday, May 31, 2025 Sanborn Regional High School

8:00 a.m.	Check-in begins
8:00 a.m.	Pole Vault Check in, Implement Certification and Weigh In.

8:30 a.m. Field Events

DII	Pole Vault (B)	DIII	Pole Vault (B)	DII	Pole Vault (G)	DIII	Pole Vault (G)
DIII	High Jump (G)	DII	High Jump (G)	DIII	High Jump (B)	DII	High Jump (B)
9:00 a.n	n. Field Events						
DII	Long Jump (G)	DIII	Long Jump (G)	DII	Triple Jump (G)	DIII	Triple Jump (G)
DIII	Long Jump (B)	DII	Long Jump (B)	DIII	Triple Jump (B)	DII	Triple Jump (B)
DII	Discus (G)	DIII	Discus (G)	DII	Discus (B)	DIII	Discus (B)
DIII	Shot Put (B)	DII	Shot Put (B)	DIII	Shot Put (G)	DII	Shot Put (G)
DII	Javelin (B)	DIII	Javelin (B)	DII	Javelin (G)	DIII	Javelin (G)

*With the exception of the Long Jump and Triple Jump, Field Events will be immediately followed by the opposite gender

11:00 a.m. Track Events

- DIII 4 X 800 Final (G)
 DIII 110m Hurdles Trials (B)
 DIII 100m Dash Trials (B)
 DIII 100m Hurdles Final (G)
 DIII 100m Dash Final (G)
 DIII 1600m Final (G)
 DIII 4 X 100 Relay Final (G)
 DIII 400m Final (G)
 DIII 300m Hurdles Final (G)
 DIII 300m Final (G)
- DIII 200m Final (G)
- DIII 3200m Final (G)
- DIII 4 X 400 Relay Final (G)

DII 4 X 800 Final (G)

- DII 110m Hurdles Trials (B)
- DII 100m Dash Trials (B)
- DII 100m Hurdles Final (G)
- DII 100m Dash Final (G)
- DII 1600m Final (G)
- DII 4 X 100 Relay Final (G)
- DII 400m Final (G)
- DII 300m Hurdles Final (G)
- DII 800m Final (G)
- DII 200m Final (G)
- DII 3200m Final (G)
- DII 4 X 400 Relay Final (G)

- DIII 4 X 800 Final (B)
- DIII 100m Hurdles Trials (G)
- DIII 100m Dash Trials (G)
- DIII 110m Hurdles Final (B)
- DIII 100m Dash Final (B)
- DIII 1600m Final (B)
- DIII 4 X 100 Relay Final (B)
- DIII 400m Final (B)
- DIII 300m Hurdles Final (B)
- DIII 800m Final (B)
- DIII 200m Final (B)
- DIII 3200m Final (B)
- DIII 4 X 400 Relay Final (B)

- DII 4 X 800 Final (B)
- DII 100m Hurdles Trials (G)
- DII 100m Dash Trials (G)
- DII 110m Hurdles Final (B)
- DII 100m Dash Final (B)
- DII 1600m Final (B)
- DII 4 X 100 Relay Final (B)
- DII 400m Final (B)
- DII 300m Hurdles Final (B)
- DII 800m Final (B)
- DII 200m Final (B)
- DII 3200m Final (B)
- DII 4 X 400 Relay Final (B)

Championship Awards Presentation