

NHIAA OUTDOOR TRACK DIVISION III MEET
Thursday, May 23, 2024
Winnisquam Regional High School

Order of Events:

4:00 p.m.

Check-in begins

4:00 p.m. - 4:45 p.m.

Pole Vault Check in, Implement Certification and Weigh In.

Field Events

4:45 p.m.

G	Pole Vault	
G	Long Jump	Followed by Girls Triple Jump
G	Shot Put	
B	Triple Jump	Followed by Boys Long Jump
B	High Jump	
B	Javelin	
B	Discus	

*** With the exception of the Long Jump and Triple Jump, Field Events will be immediately followed by the opposite gender**

Track Events

5:30 p.m.

G	4 X 800 Final	B	4 X 800 Final
B	110m Hurdles Trials	G	100m Hurdles Trials
B	100m Trials	G	100m Trials

***NOTE: Between the trials and finals, a break will be given to all athletes and officials**

G	100m Hurdles Final	B	110m Hurdles Final
G	100m Final	B	100m Final
G	1600m Final	B	1600m Final
G	4 X 100 Relay Final	B	4 X 100 Relay Final
G	400m Final	B	400m Final
G	300m Hurdles Final	B	300m Hurdles Final
G	800m Final	B	800m Final
G	200m Final	B	200m Final
G	3200m Final	B	3200m Final
G	4 X 400 Relay Final	B	4 X 400 Relay Final

Championship Awards Presentation
