

2023 - 2024 NH Indoor Track League Schedule

Last Updated

11/22/2023

KEY:

Helpers

*Set-Up

**Clean-Up

Week One

Saturday, December 16, 2023			
PEA	Plymouth State		UNH
1:00 PM	10:00 AM	2:30 PM	10:00 AM
<u>Bow</u> Con-Val <u>Dover</u> Epping PCA Pelham Phillips Exeter Salem	Belmont Bishop Brady Concord* Franklin Gilford Inter-Lakes John Stark <u>Laconia</u> Man. Central Man. West Merrimack Valley Plymouth <u>Windham</u> Winnisquam	Alvirne Coe-Brown Hollis/Brookline** <u>Merrimack</u> Nashua North <u>Sanborn</u> Somersworth St. Thomas	Conant Kingswood Mascenic <u>Newmarket</u> Oyster River* <u>Pembroke</u> Prospect Mnt. 2:30 PM Bishop Guertin Exeter <u>Londonderry</u> Nashua South Pinkerton Portsmouth** <u>Spaulding</u> Winnacunnet

Sunday, December 17, 2023	
Dartmouth	
12:00 PM	
Campbell Fall Mountain Goffstown <u>Hanover</u> Kearsarge Keene <u>Lebanon</u> Mascoma Milford	Hopkinton Monadnock Mount Royal Newfound Newport Raymond Souhegan Timberlane Woodsville

Week Two

Thursday, December 21, 2023
UNH
5:00 PM
JV Meet # 1

Saturday, December 23, 2023

Plymouth State		UNH	
10:00 AM	2:30 PM	10:00 AM	2:30 PM
Belmont	Bishop Guertin	<u>Alvirne</u>	<u>Bedford</u>
<u>Bishop Brady</u>	Conant**	Dover	Coe-Brown**
Bow	Concord	Hollis/Brookline	Con-Val
Franklin	Fall Mountain	Kennett	Hopkinton
Gilford	Hanover	<u>Kingswood</u>	Nashua North
Goffstown*	Lebanon	Nashua South	Newfound
Inter-Lakes	Londonderry	Oyster River*	<u>Salem</u>
John Stark	<u>Man. Central</u>	Souhegan	Timberlane
Kearsarge	Man. Memorial	Portsmouth	Windham
Laconia	Mascenic		Woodsville
Man. West	Mascoma		
Merrimack Valley	Monadnock		
Milford	Mount Royal		
Pelham	Newport		
Pembroke	<u>Pinkerton</u>		
Plymouth	Raymond		
Prospect Mnt.	Trinity		
<u>Winnacunnet</u>			
Winnisquam			

Week Three

Saturday, December 30, 2023

Plymouth State		UNH	
10:00 AM	2:30 PM	10:00 AM	2:30 PM
<u>Belmont</u>	Con-Val	<u>Campbell</u>	Bedford
Bishop Brady	Fall Mountain	Epping	<u>Bishop Guertin</u>
Bow	Hanover**	Kennett	Concord
Conant	John Stark	Man. West	Exeter
Franklin	<u>Kearsarge</u>	Newmarket	Man. Memorial**
Gilford	Keene	Oyster River*	<u>Nashua North</u>
Inter-Lakes	Merrimack	PCA	Pinkerton
Kingswood	Monadnock	<u>Pelham</u>	Somersworth
Laconia	Mount Royal	Pembroke	Windham
<u>Mascenic</u>	Nashua South	St. Thomas	
Merrimack Valley	<u>Newport</u>	Trinity	
Milford	Raymond		
Plymouth	Spaulding		
Prospect Mnt.			
Salem			
Sanborn			
Souhegan*			
Winnisquam			

Tuesday, January 02, 2024
UNH
5:00 PM
JV Meet # 2

Week Four

Saturday, January 06, 2024	
Plymouth State	
10:00 AM Alvirne <u>Epping</u> Goffstown* Hopkinton <u>Kennett</u> Mascoma Merrimack Valley Newfound PCA Sanborn Timberlane Woodsville	2:30 PM Dover <u>Exeter</u> Newmarket** Oyster River Portsmouth Spaulding <u>St. Thomas</u> Winnacunnet

Sunday, January 07, 2024	
UNH	
10:00 AM Campbell <u>Hollis/Brookline</u> Man. Central Man. Memorial Man. West Nashua North* <u>Nashua South</u> Pinkerton Trinity	2:30 PM Bedford Coe-Brown Concord Hanover <u>Keene</u> <u>Lebanon</u> Londonderry Merrimack Somersworth**

Week Five

Tuesday, January 09, 2024
UNH
4:00 PM
Girls Wildcat Relays

Wednesday, January 10, 2024
UNH
4:00 PM
Boys Wildcat Relays

Saturday, January 13, 2024

PEA		Plymouth State	
1:00 PM		10:00 AM	
Kingswood	Phillips Exeter	Bedford	Kearsarge
Lebanon	Spaulding	Belmont	Kennett**
<u>Man. Memorial</u>	St. Thomas	Campbell*	Laconia
Mascoma	<u>Timberlane</u>	<u>Coe-Brown</u>	Londonderry
PCA	Trinity	<u>Con-Val</u>	Man. Central
Pelham	Windham	Exeter	Merrimack Valley
		Franklin	Mount Royal
		Gilford	Newport
		Hollis/Brookline	Pembroke
		Inter-Lakes	Plymouth
		John Stark	Sanborn
			Winnisquam

Sunday, January 14, 2024

UNH			
10:00 AM		2:30 PM	
Conant	<u>Portsmouth</u>	Alvirne	Fall Mountain
Hopkinton	<u>Prospect Mnt.</u>	Bishop Brady	Goffstown**
Keene	Raymond	<u>Bishop Guertin</u>	Monadnock
Mascenic	Salem	Bow	Winnacunnet
Merrimack*	Somersworth	<u>Dover</u>	
Milford	Souhegan	Epping	
Newfound	Woodsville		
Newmarket			

Week Six

Saturday 1/20/2024 - Qualifying Standards Must Be Met (Field Event Order Switches)

PEA	UNH	
1:00 PM	10:00 AM	2:30 PM
<u>Alvirne</u>	Coe-Brown	Belmont
Bedford	Goffstown	Bishop Brady
Bishop Guertin	Hanover	Bow
Concord	<u>Londonderry</u>	Campbell
Dover	Man. Central	Con-Val
Hollis/Brookline	Man. Memorial	Conant
Nashua South	Man. West	Epping
Oyster River	Merrimack*	Exeter
<u>Salem</u>	Merrimack Valley	Fall Mountain
Souhegan	<u>Milford</u>	Franklin
	Nashua North	Gilford
	Pinkerton	Hopkinton
	Portsmouth	Inter-Lakes
	Timberlane	John Stark
	Trinity	Kearsarge
	Windham	Keene**
		Kennett
		Kingswood
		Laconia
		Newfound
		Lebanon
		Mascenic
		Mascoma
		<u>Monadnock</u>
		Mount Royal
		Newmarket
		Newport
		PCA
		Pelham
		Pembroke
		Plymouth
		Prospect Mnt.
		Raymond
		Sanborn
		Somersworth
		Spaulding
		St. Thomas
		<u>Winnacunnet</u>
		Winnisquam
		Woodsville

Week Seven

Sunday, January 28, 2024			
UNH			
10:00 AM		2:30 PM	
League Relay Meet (all D1 teams)		League Relay Meet (all D2 teams)	
Concord	Portsmouth*	Coe-Brown	Bow**

Week Eight

Saturday 2/3/2024 - Qualifying Standards Must Be Met , 4x800, no 3000			
PEA	UNH		
1:00 PM	10:00 AM	2:30 PM	
Coe-Brown	Belmont	Man. West	Alvirne
<u>Exeter</u>	Bishop Brady	Mascenic	<u>Bedford</u>
Keene	Bow	Mascoma	Bishop Guertin
Londonderry	Campbell	Merrimack Valley	Concord
Merrimack	Conant	Milford	Dover
Nashua North	Con-Val	Monadnock	Inter-Lakes
Newmarket	Epping	Mount Royal	Man. Central**
Phillips Exeter	Fall Mountain	Newport	Man. Memorial
<u>Pinkerton</u>	Franklin	<u>Oyster River</u>	<u>Nashua South</u>
Portsmouth	Gilford	PCA	Plymouth
Somersworth	Goffstown*	Pelham	Salem
Winnacunnet	Hanover	Pembroke	Spaulding
	Hollis/Brookline	Prospect Mnt.	Timberlane**
	John Stark	Raymond	Windham
	Kearsarge	Sanborn	Newfound
	Kennett	<u>Souhegan</u>	Hopkinton
	Kingswood	St. Thomas	Woodsville
	Laconia	Trinity	
	Lebanon	Winnisquam	

Sunday 2/11/2024 - Divisional Championship (State Meet) at Plymouth State		
	9:30 AM	4:30 PM
	Division 2	Division 1

Saturday 3/2/2024 - New England Championships at Reggie Lewis Center, Boston