

# NHIAA OUTDOOR TRACK – MEET OF CHAMPIONS

**Saturday, June 3, 2023**

**Oyster River High School**

## **Order of Events:**

**1:30 p.m.**

**Check-in begins**

**1:30 p.m.**

**Pole Vault Check in, Implement Certification and Weigh In.**

## **Field Events**

**2:30 p.m.**

|   |            |                               |
|---|------------|-------------------------------|
| G | Long Jump  | Followed by Girls Triple Jump |
| B | Long Jump  | Followed by Boys Triple Jump  |
| G | High Jump  |                               |
| G | Discus     |                               |
| B | Pole Vault |                               |
| B | Shot Put   |                               |
| B | Javelin    |                               |

**\* With the exception of the Long Jump and Triple Jump, Field Events will be immediately followed by the opposite gender**

## **Track Events**

**3:30 p.m.**

|   |                     |   |                     |
|---|---------------------|---|---------------------|
| G | 4 X 800 Final       | B | 4 X 800 Final       |
| B | 110m Hurdles Trials | G | 100m Hurdles Trials |
| B | 100m Trials         | G | 100m Trials         |

**\*NOTE: Between the trials and finals, a break will be given to all athletes and officials**

**4:30 p.m.**

|   |                     |   |                     |
|---|---------------------|---|---------------------|
| G | 100m Hurdles Final  | B | 110m Hurdles Final  |
| G | 100m Final          | B | 100m Final          |
| G | 1600m Final         | B | 1600m Final         |
| G | 4 X 100 Relay Final | B | 4 X 100 Relay Final |
| G | 400m Final          | B | 400m Final          |
| G | 300m Hurdles Final  | B | 300m Hurdles Final  |
| G | 800m Final          | B | 800m Final          |
| G | 200m Final          | B | 200m Final          |
| G | 3200m Final         | B | 3200m Final         |
| G | 4 X 400 Relay Final | B | 4 X 400 Relay Final |

**Championship Awards Presentation**

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