



March 25, 2026

NFHS Girls Lacrosse Weekly Rule Interpretations

Electronic Devices

The use of electronic devices for medical, personal and performance use has been a growing trend in all sports. The NFHS Girls Lacrosse rules address these uses in Rules 2-7-7 NOTE & 2-8.

Medical – The rules allow state associations to provide reasonable accommodations (including the use of electronic devices) to individuals participating with disabilities or unique and extenuating circumstances. The accommodation should not fundamentally alter the sport, allow an otherwise illegal piece of equipment, create risk to the athlete/others or place opponents at a disadvantage. Coaches, if you have a student-athlete that requires accommodation, please reach out to your state association for information regarding the process.

Personal and Player/Team Performance – Coaches, non-playing team members, athletic trainers and/or other individuals connected with the team who are present on the team sideline or coaches' area may use electronic equipment during play.

- No electronic communication with individuals who are not present on the team sideline or coaches area.
- No artificial voice amplifiers by coaches from the sidelines
- No audio (microphone) or video (camera) devices by on-field players during the game

Officials' Performance – Officials may use personal audible wireless communication devices for officiating purposes.

SITUATION 1: A1 is wearing a digital heart monitor under the uniform top and has a valid waiver from the state association office granting its use due to a medical condition. **RULING:** Legal.

COMMENT: State associations may grant a medical accommodation for the use of electronic equipment during play. Coaches must have the appropriate documentation to present to the officials. (2-7-7 NOTE)

SITUATION 2: An assistant coach is using an iPad to explain positioning to a non-playing team member within the team bench area. **RULING:** Legal. **COMMENT:** Electronic equipment can be used for instructional purposes within the team bench or coaches' areas. (2-8-1)

SITUATION 3: An assistant coach is in the press box and is communicating to the head coach by phone or headset. **RULING:** Illegal. **COMMENT:** Coach misconduct penalties will apply. Team personnel outside of the bench area cannot use electronic devices to communicate with team personnel in the bench area. (2-8-1)

SITUATION 4: A player is wearing: (a) earbuds to receive communication from a coach on the sideline; (b) a microphone to record audio for social media. **RULING:** (a) and (b) Illegal.

COMMENT: No on-field player can wear any audio or video device during the game unless there is a state association approved medical accommodation. (2-8-3)

