

NH High School Gymnastics 2025-2026 By Team

Bedford Sun Dec 21, 11:00am @ Londonderry (Spectrum)
w/Trinity Mon Dec 29, 11:00am @ Timberlane (A2)
Sun Jan 4, 5:30pm @ Bedford (GV)
Sun Jan 11, 5:30-pm @ Bedford (GV)
Fri Jan 23, 7:00pm @ Salem (A2)
Wed Feb 4, 7:00pm @ Goffstown (Allard Y)

Bishop Guertin Fri Dec 19, 7:30pm @ Salem (A2)
Sun Jan 4. 1:30pm @ Nashua (GV)
Fri Jan 9, 6:00pm @ Keene (Keene Y)
Mon Jan 19, 12:00pm @ Windham (A2)
Sun Jan 25 4:00pm @ BG (Noha's)

Dover Sun Dec 21, 2:00pm @ Dover (TriStar)
w/Spaulding Mon Dec 29, 12:00pm @ Merrimack (Noha) &
Farmington Sun Jan 4, 1:00pm @ Pinkerton (Palaestra)
Wed Jan 7, 7:00pm @ Goffstown (Allard Y)
Fri Jan 23, 7:00pm @ Salem (A2)
Mon Feb 2 7:00pm @ Londonderry HS

Exeter Sun Dec 21, 2:00pm @ Dover (TriStar)
Tues Dec 30, 11:00am @ Pelham(A2)
Sat Jan 3, 3:30pm @ Souhegan (GV)
Fri Jan 9, 6:00pm @ Keene (Keene Y)
Mon Jan 12, 4:00pm @ Merrimack (Noha's)
Mon Feb 2, 7:00pm @ Londonderry HS

Goffstown
w/John Stark

Mon Dec 15, 6:00pm @ Keene (Keene Y)
Tues Dec 30, 11:00am @Pelham (A2)
Sun Jan 4, 5:30pm @ Bedford (GV)
Wed Jan 7, 7:00pm @ Goffstown (Allard Y)
Wed Jan 21, 7:00pm @Goffstown (Allard Y)
Wed Feb 4, 7:00pm @ Goffstown (Allard Y)

Keene

Mon Dec 15, 6:00pm @ Keene (Keene Y)
Mon Dec 29, 11:00am @ Timberlane (A2)
Sun Jan 4, 1:00pm @ Pinkerton (Palaestra)
Fri Jan 9, 6:00pm @ Keene (Keene Y)
Mon Jan 19, 12:00pm @ Windham (A2)
Wed Feb 4, 7:00pm @ Goffstown (Allard Y)

Londonderry
w/Campbell &
Alvirne

Sun Dec 21, 11:00am @ Londonderry (Spectrum)
Fri Jan 2, 6:00pm at Pelham (A2)
Wed Jan 7, 7:00pm @ Goffstown (Allard Y)
Mon Jan 12, 4:00pm @ Merrimack (Noha's)
Thurs Jan 22, 7:00pm @ Londonderry (Spectrum)
Mon Feb 2, 7:00pm @ Londonderry HS

Merrimack
w/Derryfield

Mon Dec 15, 6:00pm @ Keene (Keene Y)
Mon Dec 29, 12:00pm @ Merrimack (Noha's)
Fri Jan 2, 6:00pm @ Pelham (A2)
Mon Jan 12, 4:00pm @ Merrimack (Noha's)
Wed Jan 21, 7:00pm @ Goffstown (Allard Y)

Nashua N&S

Tues Dec 23, 4:00pm @ Windham (A2)
Sun Dec 28, 1:00pm @ Pinkerton (Palaestra)
Sun Jan 4, 1:30pm @ Nashua N&S (GV)
Sun Jan 11, 1:30pm @ Nashua N&S (GV)
Thurs Jan 22, 7:00pm @ Londonderry (Spectrum)
Sun Jan 25 4:00pm @ Bishop Guertin (Noha's)

Pelham
Sun Dec 21, 2:00pm @ Dover (TriStar)
Tues Dec 30, 11:00am @ Pelham (A2)
Fri Jan 2, 6:00pm @ Pelham (A2)
Sun Jan 11, 5:30pm @ Bedford
Sun Jan 25 4:00pm @ Bishop Guertin (Noha's)

Pembroke
w/ Bow &
Concord
Sun Dec 21, 2:00pm @ Dover (TriStar)
Mon Dec 29, 12:00pm @ Merrimack (Noha's)
Sat Jan 3, 3:30pm @ Souhegan (GV)
Sun Jan 11, 5:30pm @ Bedford (GV)
Mon Jan 19, 12:00pm @ Windham (A2)
Wed Feb 4, 7:00pm @ Goffstown (Allard Y)

Pinkerton
Tues Dec 23, 4:00pm @ Windham (A2)
Sun Dec 28, 1:00pm @ Pinkerton (Palaestra)
Sun Jan 4, 1:00pm @ Pinkerton (Palaestra)
Sun Jan 11, 1:30pm @ Nashua N&S (GV)
Mon Jan 19, 7:00pm @ Windham (A2)
Fri Jan 23, 7:00pm @ Salem (A2)

Salem
Fri Dec 19, 7:30pm @ Salem (A2)
Fri Jan 2, 6:00pm @ Pelham (A2)
Sun Jan 11, 1:30pm @ Nashua N&S (GV)
Mon Jan 19, 12:00pm @ Windham (A2)
Fri Jan 23, 7:00pm @ Salem (A2)

Souhegan
w/ Hollis-Brookline
Fri Dec 19, 7:30pm @ Salem (A2)
Sun Dec 28, 1:00pm @ Pinkerton (Palaestra)
Sat Jan 3, 3:30pm @ Souhegan (GV)
Fri Jan 9, 6:00pm @ Keene (Keene Y)
Wed Jan 21, 7:00pm @ Goffstown (Allard Y)
Sun Jan 25 4:00 @ Bishop Guertin (Noha's)

Timberlane Mon Dec 15, 6:00pm @ Keene (Keene Y)
Mon Dec 29, 11:00am @ Timberlane (A2)
Sat Jan 3, 3:30pm @ Souhegan (GV)
Sun Jan 11, 1:30pm @ Nashua N&S (GV)
Thurs Jan 22, 7:00pm @ Londonderry (Spectrum)

Windham Mon Dec 19, 7:30pm @ Salem (A2)
Tues Dec 23, 4:00pm @ Windham (A2)
Sun Jan 4, 1:00pm @ Pinkerton (Palaestra)
Fri Jan 9, 6:00pm @ Keene (Keene Y)
Mon Jan 19, 12:00pm @ Windham (A2)

Interlakes &
Lin-Wood Fri Dec 19, 7:30pm @ Salem (A2)
Sun Jan 4, 1:30pm @ Nashua N&S (GV)
Mon Jan 12, 4:00pm @ Merrimack (Noha's)
Wed Jan 21, 7:00pm @ Goffstown (Allard Y)
Sun Jan 25 4:00pm @ Bishop Guertin (Noha's)
Mon Feb 2, 7:00pm @ Londonderry HS

Coe Brown & Mon Dec 15, 6:00pm @ Keene (Keene Y).
Fri Jan 2, 6:00pm @ Pelham (A2)
Mon Jan 12, 4:00pm @ Merrimack (Noha's)
Fri Jan 23, 7:00pm @ Salem (A2)
Mon Feb 2, 7:00pm @ Londonderry HS

Manchester Mem Tues Dec 23, 4:00pm @ Windham (A2)
Manchester Central Mon Dec 29, 12:00pm @ Merrimack (Noha's)
Sun Jan 4, 1:30pm @ Nashua N&S (GV)
Wed Jan 7, 7:00pm @ Goffstown (Allard Y)
Wed Jan 21, 7:00pm @ Goffstown (Allard Y)
Wed Feb 4, 7:00pm @ Goffstown (Allard Y)

Winnacunnet Sun Dec 21, 2:00pm @ Dover (TriStar)
Mon Dec 29, 11:00am @ Timberlane (A2)
Sun Jan 4, 5:30pm @ Bedford (GV)
Mon Jan 12, 4:00pm @ Merrimack (Noha's)
Mon Feb 2, 7:00pm @ Londonderry HS

Meet Sites:

Bedford: at Gymnastics Village 13 Caldwell Dr, Amherst, NH

Bishop Guertin: at Noha's Gymnastics 200 Perimeter Rd, Manchester, NH

Dover: at Tri-Star Gymnastics 66 Third St, Dover NH

Goffstown at YMCA Allard Center 118 Goffstown Back Rd, Goffstown, NH

Hollis/Brookline: at Gymnastics Village 13 Caldwell Dr, Amherst, NH

Keene: at Keene Family YMCA 200 Summit Rd, Keene, NH

Londonderry: Dec 21 & Jan 22 at Spectrum Gymnastics 26 Buttrick Rd, Londonderry

Feb 2 at Londonderry HS 295 Mammoth Rd, Londonderry, NH

Merrimack: at Noha's Gymnastics 200 Perimeter Rd, Manchester, NH

Nashua N/S: at Gymnastics Village 13 Caldwell Dr, Amherst, NH

Pelham: at A2 Gym and Cheer 16 Garabedian Dr, Salem, NH

Pinkerton: at Palaestra Gymnastics 8 Tinkham Ave, Derry, NH

Salem: at A2 Gym and Cheer 16 Garabedian Dr, Salem, NH

Timberlane: at A2 Gym and Cheer 16 Garabedian Dr, Salem, NH

Windham: at A2 Gym and Cheer 16 Garabedian Dr, Salem, NH

