

NH HS Gymnastics by Host 2025-2026 with attending teams & independents

Bedford	<u>Teams</u>	<u>Independents</u>
Sunday Jan 4 @5:30pm	Bedford Goffstown Trinity	John Stark Winnacunnet
Sunday Jan 11 @5:30pm	Bedford Pembroke Trinity Pelham	Bow Concord

Bishop Guertin (@Noha's)

Sun Jan 25 @4:00pm	Bishop Guertin Nashua N&S Pelham Souhegan Hollis-Brookline	Interlakes Lin-Wood
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Dover

Sun Dec 21 @ 2:00pm w/Farmington	Dover Pelham Exeter Pembroke	Spaulding Winnacunnet Bow Concord Farmington
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Goffstown

Wed Jan 7 @ 7:00pm	Goffstown Dover Londonderry Campbell	John Stark Spaulding Alvirne Manchester West Manchester Central Farmington
Wed Jan 21 @ 7:00pm	Goffstown Souhegan Hollis-Brookline Merrimack	John Stark Interlakes Lin-Wood Manchester West Manchester Central Derryfield
Wed Feb 4 @ 7:00pm	Goffstown Bedford Keene Pembroke Trinity	John Stark Manchester West Manchester Central Bow Concord

Keene

Mon Dec 15 @ 6:00pm	Keene Goffstown Merrimack Timberlane	John Stark Derryfield Coe Brown Oyster River
Fri Jan 9 @ 6:00pm	Keene Bishop Guertin Exeter Souhegan Hollis-Brookline Windham	

Londonderry

Sunday Dec 21 @ 11:00am Londonderry
Bedford
Campbell
Trinity

Alvirne

Thur Jan 22 @ 7:00pm Londonderry
Nashua N&S
Campbell
Timberlane

Alvirne

Mon Feb 2 @7:00pm Londonderry
Dover
Exeter
Campbell

Alvirne
Spaulding
Interlakes
Lin-Wood
Farmington
Winnacunnent
Coe Brown
Oyster River

Merrimack

Mon Dec 29 @ 12:00pm Merrimack
Dover
Pembroke

Derryfield
Bow
Concord
Spaulding
Manchester Memorial
Manchester Central
Farmington

Mon Jan 12 @ 4:00 pm Merrimack
Exeter
Londonderry
Campbell

Derryfield
Interlakes
Lin-Wood
Alvirne
Winnacunnent
Coe-Brown
Oyster River

Nashua N&S

Sun Jan 4 @ 1:30pm	Nashua N&S Bishop Guertin	Interlakes Lin-Wood Manchester Memorial Manchester Central
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Sun Jan 11 @ 1:30pm	Nashua N&S Salem Timberlane Pinkerton	
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Pelham

Tue Dec 30 @ 11:00am	Pelham Exeter Goffstown Souhegan Hollis-Brookline	John Stark
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Fri Jan 2 @6:00pm	Pelham Londonderry Merrimack Salem Campbell	Alvirne Derryfield Coe Brown Oyster River
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Pinkerton

Sun Dec 28 @ 1:00pm	Pinkerton Nashua N&S Souhegan Hollis/Brookline	
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Sun Jan 4 @1:00pm	Pinkerton Dover Keene Windham	Spaulding Farmington
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Salem

Fri Dec 19 @7:30pm	Salem Bishop Guertin Souhegan Hollis-Brookline Windham	Interlakes Lin-Wood
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Fri Jan 23 @7:00pm	Salem Bedford Dover Trinity Pinkerton	Spaulding Coe-Brown Oyster River Farmington
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Souhegan

Sat Jan 3 @ 3:30pm	Souhegan Exeter Pembroke Timberlane Hollis-Brookline	Bow Concord
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Timberlane

Mon Dec 29 @11:00am	Timberlane Bedford Keene Trinity	Winnacunnent
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Windham

Tue Dec 23 @ 4:00pm	Windham Nashua N&S Pinkerton	Manchester Memorial Manchester Central
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Mon Jan 19 @ 12:00pm	Windham Bishop Guertin Keene Pembroke Salem Pinkerton	Bow Concord
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