

NHIAA Boys Indoor Track Records

Event	Record-Holder(s)	Distance/Time	School
Shot Put	Dominic Filiano	63' 3.5"	Lebanon
Long Jump	Ron Content	24' 1.75"	Manchester Central
High Jump	Dwight Barbiasz	6' 9"	Milford
55m HH	Billy Powers	7.34	Winnacunnet
55 m Dash	Dominique Worsley	6.38	Manchester Central
300 m Dash	Dominique Worsley	35.02	Manchester Central
600 m Run	Russell Brown	1:19.41	Hanover
1000 m Run	Zachary Wright	2:27.38	Conant
1500 m Run	John Schroeder	3:58.63	Nashua North
3000 m Run	Patrick O'Brien	8:39.52	Oyster River
4 x 160 Relay	John Gerald, Josh Periman, Nick Fabiano, Lyndon Spleen	1:14.31	Nashua
4 x 200 Relay	Phil West, Jon Apostoles, Charlie MacInnis, Dave Caradonna	1:31.80	Londonderry
4 x 400 Relay	Jason Wright, Dan Hocking, Bryan Fiscale, Rob Pickels	3:27.97	Merrimack
4 x 800 Relay	Bill Godfrey, Alex Beaulieu, Brian Paison, Steve Harshman	8:01.45	Merrimack

NHIAA Girls Indoor Track Records

Event	Record-Holder(s)	Distance/Time	School
Shot Put	Laura Gerraughty	53'0"	Nashua
Long Jump	Hilary Holmes	18'6.25"	Exeter
High Jump	Paige McConney	5'10"	Bishop Guertin
55m HH	Betsy Garnick	8.01	Bishop Guertin
55m Dash	Angie Johnson	7.14	Nashua
300m Dash	Anna Cioffredi	39.87	Lebanon
600m Run	Molly McCabe	1:32.00	Bishop Guertin
1000m Run	Leya Salis	2:49.25	Bedford
1500m Run	Shannon Murdock	4:36.79	Exeter
3000m Run	Jacqueline Gaughan	9:35.70	Exeter
4 x 160 Relay	Kristen Meisner, Blair Curran, Corrin Demblowski, Tracy Drown	1:25.21	Nashua
4 x 200 Relay	Amy Arena, Olivia Rougeau, Nicole McMorrow, Viankah Williams	1:45.57	Milford
4 x 400 Relay	Molly McCabe, Sarah Burke, Betsy Garnick, Rachel Pelletier	3:57.67	Bishop Guertin
4 x 800 Relay	Jen Stevens, Trisha Hewitt, Liz Gesel, Sarah Girard	9:37.52	Manchester Central

Year

2010
1982
2008
2016
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2008

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